

Enable Me

1 Bayford Road
Littlehampton
West Sussex
BN17 5HL

Tel: 01903 734400

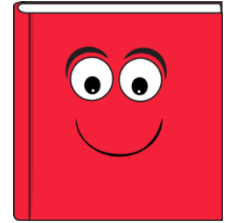
Email: office@enablemeproject.org.uk

Website: www.enablemeproject.org.uk

Aims to raise disability awareness in the community by working with schools, colleges and other organisations. Runs weekly youth clubs at the Flintstone Centre for disabled children and young people and their siblings.

All ages Youth clubs for ages 7 to 11 and 12-18

Baby Buddy



Tel: 07502439565

Email: info@babybuddy.org.uk

Website: www.babybuddy.org.uk

*Support for families and children with learning disabilities.
Provides basic information and help to understand the
letters that families receive and the doctors and specialists
they meet as their child develops.*

0-14 years

West Sussex

Drop-ins Monday 10sm -12noon

Self referral



Amaze



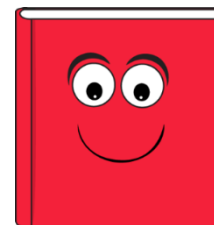
Community Base
113 Queens Road
Brighton
East Sussex
BN1 3XG

Helpline Tel: 01273 772289

Email: info@amazebrighton.org.uk

Website: www.amazebrighton.org.uk

Providing support and information to parents who have children with any disability or additional needs, including special educational needs, who live or attend school in Brighton or Hove.



Adur Special Needs Project – ASP Interactive Youth Club

Carers Centre
Pond Road
Shoreham-by-Sea
West Sussex
BN43 5WU

Tel: 01273 441866

Email: info@adurspecialneedsproject.org.uk

Website: www.adurspecialneedsproject.org.uk



Spurgeons Family Resource Team – Crawley

Creasys Drive
Broadfield
Crawley
West Sussex
RH11 9HJ

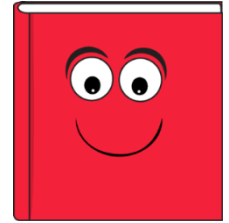
Tel: 01293 651777

Email: jlongmore@spurgeons.org

*A family support service to help those with complex needs.
Contact the Spurgeons Broadfield Children and Family Centre for
general help or for advice about a referral.*

0-10 Monday – Friday 9 – 5pm

Guild Care – Ashdown club for children with special needs



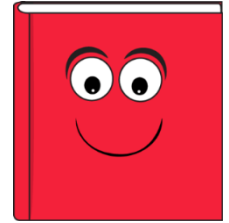
6-8 Ashdown Road
Worthing
West Sussex
BN11 1DF

Tel: 01903 528607

Email: ashdown@guildcare.org

Website: www.guildcare.org/ashdown-centre

Short respite breaks for children and young people with a wide range of special needs. Can cater for a wide range of special needs as physical, developmental educational, sensory, behavioural or psychological.



Disability Awareness UK

Po Box 9
Chichester
West Sussex
PO20 7YD

Tel: 01243 513464

Email: sva@talk21.com

Website: www.disabilityawarenessuk.org

Recruits young disabled or disadvantages people and trains them to speak in public. They then visit schools and other organisations to promote awareness.

Please contact for further information.



Informal Family Centre

Room 41

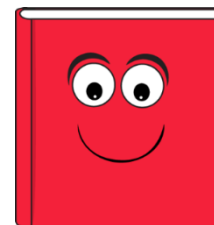
Durban House
Durban Road
Bognor Regis
West Sussex
PO22 0RE

Tel: 01243 642650

Email: informalfamilycare@westsussex.gov.uk

Offers a range of support to families where children in certain circumstances are unable to live with their birth parents. At these times other family members may step in and take on the caring role and responsibilities. Aims to support and strengthen arrangements made within families.

Kangaroos



Priory business centre
Syresham gardens
Haywards heath
West Sussex
RH16 3LB

Tel: 01444 255120

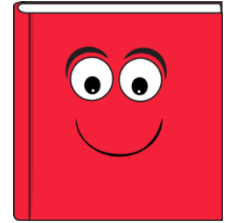
Email: jenni@kangaroos.org.uk

Website: www.kangaroos.org.uk

Runs Saturday clubs and holiday play schemes and other appropriate activities for children and young people with learning difficulties in Mid Sussex.

Saturday clubs and holiday play schemes for young people with severe learning disabilities.

6-30 years



The Lodge
216 Whitegate Drive
Blackpool
Lancashire
FY3 9JL

Tel: 01253 761444

Fax: 01253 761484

Email: Kentrust1@hotmail.com

Website: www.Kensingtonfoundation.com

Respite holiday programme for families who have special needs children. The ten self-contained apartments are situated at Kensington Court, 310 Highfield Road, Blackpool and have two bedrooms each.

Jigsaw



East Court Mansion
College Lane
East Grinstead
West Sussex
RH19 3LT

Tel: 01342 313895

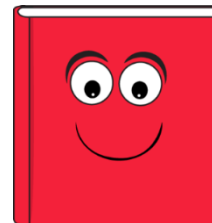
Fax: 01342 313897

Email: info@jigsawsoutheast.org.uk

Website: www.jigsawsoutheast.org.uk

Offers grief support to children and young people who have experienced the death of a significant family member through illness, accident, suicide or murder.

Little Builders – Kingdom Faith Church



Kingdom faith Church
Foundry Lane
Horsham
West Sussex
RH13 5PX

Tel: 01293 851543

Email: church@kingdomfaith.com

Website: www.kingdomfaith.com/horsham/children.aspx

Activities, games, singing and story time for under 5's and their parents and carers.

0-5

Horsham



Parents for Autism (parent and carer social evenings)

Tel: 01903 538303

Email: Lindsey@parentsforumautism.org.uk

Website: www.parentsforumautism.org.uk

Social evenings for parents and carers of young people on the autistic spectrum with various visiting speakers.

Cost £1:00 including refreshments

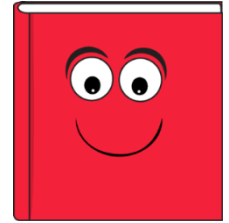
The venue is Maybridge Children's Centre Worthing

Monday evenings 7:30 – 9:30om

Please contact us for further details



Worthing Scope



Fitzlan Howards Day Centre
Pavilion Road,
Worthing.

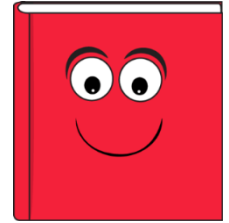
Tel: 01903 821437

Email: comliason.wscope@tiscali.co.uk

Website: www.worthingscope.org.uk

Worthing scope Saturday club takes place on the last Saturday of every month in Worthing. Focusing on activities for children with cerebral palsy and social groups for parents and carers.

Cost: £1.00 per child for members and £3.00 for non members



Chichester Rainbow Club

Chichester Rainbow Club
124 Sherbourne Road
Chichester
West Sussex
PO19 3AW

Tel: 01243 574022

Email: gillbarnett123@btinternet.com

Website: www.deafblind.org.uk

Club for people with dual sensory loss, which meets as Chichester Baptist Church, providing social and informative outings .

Please contact for further information.



Parents for Autism (parent and carer social evenings)

Tel: 01903 538303

Email: Lindsey@parentsforumautism.org.uk

Website: www.parentsforumautism.org.uk

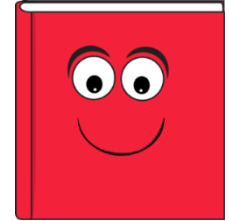
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Monday evenings 7:30 – 9:30om

Please contact us for further details



PO BOX 4917
Worthing
West Sussex
BN11 9XW

Tel: 07570 768893

Email: lydiaktori@hotmail.com

Website: www.wkds.org



Description of service

Support group for children and their families who have Downs Syndrome, autism, cerebral palsy and numerous other undiagnosed or unique conditions. Covers Worthing and the surrounding areas but children and young people from across West Sussex welcome to attend.

Support group for families and children with downs syndrome.

0-18 years

West sussex

24 hour helpline

Charges apply



Pallant House Gallery

Tel: 07788 489536

Email: community@pallant.org.uk

Pallant House gallery provides people with disabilities, health issues and those who are isolated with meaningful and long term – opportunities to increase their confidence and improve their health through their interests in art.

Please contact for further information



Relative Matters

Tel: 0845 319 4780

Email: enquiries@relativematters.org

Website: www.relativematters.org

*Care management service for older people.
Aiming to enhance an older persons quality of
life and make life easier for family members. One
Stop Shop for friends and relatives of older
people wanting help to find and manage home
support or care home replacements.*

Please contact for further information.



Us in a Bus

Queens House
Philanthropic Road
Redhill
Surrey
RH1 4DZ

Tel: 01737 764774

Email: info@usinabus.org.uk

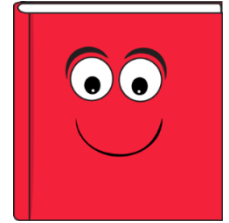
Website: www.usinabus.org.uk

Delivers services to people with profound learning disabilities and or complex needs in their own homes and in the community across surrey and the surrounding areas.

Please contact for further information



Tadpoles Swimming Club



KingsCentre
Moat Road
East Grinstead
West Sussex
RH19 3LN

Tel: 01892 770232

Email: info@tadpoles.info

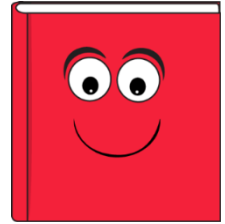
Website: www.tadpoles.info

Meets weekly at The Kings Centre Swimming Pool in East Grinstead. For all ages . Assistance is offered to people with all disabilities and people recovering from surgery to enjoy the water and learn to swim.

Annual membership is £2.00 and 50p per swim.

Please contact for further information.

Reach out



Website: www.reachoutwestsussex.org.uk

Check Reach Out on Facebook

Website for disabled young people, their families and carers. Aiming to be innovative and informative and contains a comprehensive information directory, a calendar of local events, communication tools and techniques and inspirational video library and publications and resources.

Information and inspiration for young people with disabilities

0-25 years

West sussex



Crelling Harnesses for the Disabled



12 Crescent East
Thornton Cleveleys
Lancashire
FY5 3LJ

Tel: 01253 852298

Email: info@crelling.com

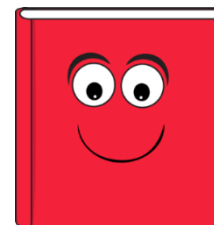
Website: www.crelling.com

Specialists in the design and manufacture of belts
and harnesses for special needs use.

Please contact for further information.



Autism Sussex



Sussex House
Tills Courtyard
19 High Street
Battle
East Sussex

Helpline Tel: 0845 4500060

Headquarters Tel: 01424 773366

Email: enquiries@autisimsussex.org.uk

Website: www.autisimsussex.org.uk

Website: www.asfamilysupport.org.uk

Autism Sussex provide residential care services, community outreach support and day care support services for adults with autistic spectrum conditions.

Please contact for further information