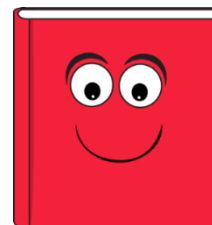


## Sing & Sign



Kelly Gibbs

TEL: 07941 106695

Email: [kellygibbs@singandsign.co.uk](mailto:kellygibbs@singandsign.co.uk)

Website: [www.singandsign.com](http://www.singandsign.com)

### Description of service

Teaches baby signing using props, music and visual aids in a relaxed atmosphere to encourage early communication. Enhances early vocabulary and understanding, builds confidence and self esteem and stimulates babies intellectual and emotional intelligence.

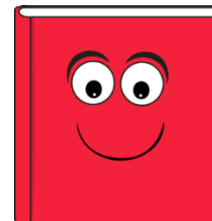
### Baby signing group

Age parent and babies from 7 months

Classes in Goring, Lancing, Steyning and Worthing

Contact for further details:

£60.00 for 10 week term



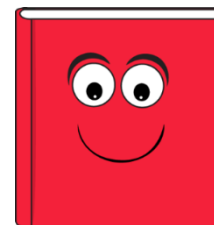
## Child & Family Service for Mental Health

Tel: 01243 813405

A multi-disciplinary team includes child psychologists CAMHS Social Workers, child psychiatrists, mental health community nurses, a parent trainer, family therapist and a art therapist.

*Mental health services for children and assessments for autistic spectrum disorders.*

*0-18 years*



## Parent Support Group – Langley Green

Langley Green Family Centre  
Langley Green Crawley

Tel: 01293 651747

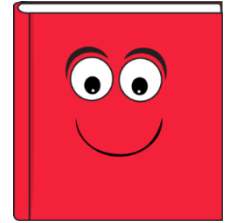
A support Group for parents of children who have disability.  
The group has access to a sensory room and a sensory toy  
library.

–

*Thursday Mornings from 10:00 – 12:00 noon*

*Cost Free*

## Homestart



Tel: 01293 416327

Email: [info@homestartchams.org.uk](mailto:info@homestartchams.org.uk)

Website: [www.homestartchams.org.uk](http://www.homestartchams.org.uk)

*Offering support and friendship to parents with at least one child under 6 who are feeling under stress.*

*Please contact for further information*



## Family Matters – baby massage

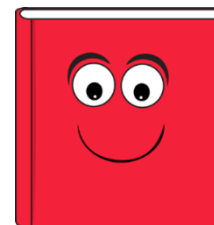
Tel: 01903 276840

Email: [info@wickbournecentre.co.uk](mailto:info@wickbournecentre.co.uk)

*Baby massage sessions*

*Please telephone for further information*

## Impact Tasty Team



151 Western Road  
Haywards Heath  
West Sussex  
RH16 3LH

Tel: 01444 457080

Email: [elisabeth@impact.org.uk](mailto:elisabeth@impact.org.uk)

Website: Tasty Team

*Cooking sessions with children and their parents in primary schools, usually run as an after school club and sessions are run by local volunteers. The group practice basic cookery techniques and prepare and eat simple dishes.*

*Primary school age and adults  
Times vary according to venue*



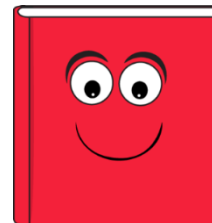
## Learning and Educational Advancement Programme

The Orchard  
1-2 Gleneagles Court  
Brighton Road  
Crawley  
West Sussex  
RH10 6AD

Tel: 07791 423978  
Email: [leap.learn@gmail.com](mailto:leap.learn@gmail.com)  
Website: [www.leapandlearn.co.uk](http://www.leapandlearn.co.uk)

*Provides Urdu, Bengali and Quran reading  
classes for children aged 5 – 16.*

## Little Builders – Kingdom Faith Church



Kingdom faith Church  
Foundry Lane  
Horsham  
West Sussex  
RH13 5PX

Tel: 01293 851543

Email: [church@kingdomfaith.com](mailto:church@kingdomfaith.com)

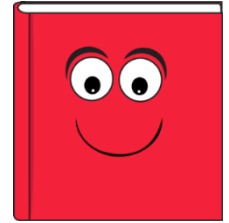
Website: [www.kingdomfaith.com/horsham/children.aspx](http://www.kingdomfaith.com/horsham/children.aspx)

*Activities, games, singing and story time for under 5's and their parents and carers.*

*0-5*

*Horsham*





## Onespace

Website: [www.onespace.org.uk](http://www.onespace.org.uk)

*Website for single parents, has forums, information on child support, money, benefits, housing, employment, parenting and bereavement.*

Please contact for further information.

## Children's continence team – West Sussex



Team office  
The Flat  
Zachery Merton Hospital  
Rustington  
West Sussex

Tel: 01903 858111  
Website: [SussexCommunityNHSTrust-  
Children'sContinenceTeamWestSussex](http://SussexCommunityNHSTrust-Children'sContinenceTeamWestSussex)

*Specialist children's continence nurses provide clinics in different localities throughout West Sussex to help children become continent.*

*0-18 years  
West Sussex  
Office open Monday – Thursday 9-5pm  
Self referral through*



## Parents for Autism (parent and carer social evenings)

Tel: 01903 538303

Email: [Lindsey@parentsforumautism.org.uk](mailto:Lindsey@parentsforumautism.org.uk)

Website: [www.parentsforumautism.org.uk](http://www.parentsforumautism.org.uk)

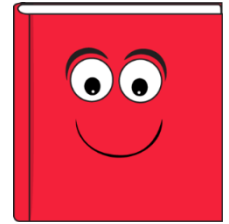
Social evenings for parents and carers of young people on the autistic spectrum with various visiting speakers.

Cost £1:00 including refreshments

*The venue is Maybridge Children's Centre Worthing*

*Monday evenings 7:30 – 9:30om*

*Please contact us for further details*



## Mermaids

Tel: 0208 1234819

Email: [info@mermaidsuk.org.uk](mailto:info@mermaidsuk.org.uk)

Website: [www.mermaidsuk.org.uk](http://www.mermaidsuk.org.uk)

Support group for children and teenagers with gender issues.

*Cost: free*

*Please contact us for further information.*